



Gym Changes Post COVID-19

- **No Towel, No Train**
- **All entry via the front door with your Access Key**
- **For Contact Tracing, all people MUST sign in**
- **Temperature Checks on Arrival**
- **Booking System MUST be used for Classes & Creche**
- **If you or your Child is unwell, you MUST not attend the Gym or Creche**
- **Adherence to Social Distancing for Indoors as per guidelines, 4m Radius, adhere to floor markings throughout the Gym**
- **Upon entry supplied hand sanitisers MUST be used**
- **Hazard tape will be covering equipment NOT to be used**
- **All equipment is to be wiped down after use**